

Get In Touch

# Contact Information

Please contact our clinic if you require any further appointments with our CDT's. Please ensure you specify which clinic you would like to be seen at.

## Our Locations

### Broadstairs

- 01843 600789
- 66 Highstreet Broadstairs CT10 1JT

### Deal

- 01304 389555
- 1A Stanhope Road, Deal CT14 6AB

### Canterbury

- 01227 764241
- 31 Roper Close, Canterbury, CT2 7EP

## E-mail Address

- [info@thedentureclinic.uk](mailto:info@thedentureclinic.uk)



## Products we sell at our Clinics:

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- Denture Boxes
- Secure
- Dentu Cream
- Steradent
- TCS
- Nitradine
- Secure Cleansing Tablets
- Denture Brushes
- Fixodent Powder
- Olivia Fix Gold

We love to hear feedback from our patients!

Make sure to leave us a review on google!



Visit our website for more information

Your CDT:

- Mr Michael Pond  
GDC no: 122142
- Mr Cameron Pond  
GDC no: 273531



# Denture Aftercare



This leaflet includes all the information, your Clinical Dental Technician has discussed with you, when you had your dentures fitted at our clinic.

It is important you look after and care for your dentures correctly.

Please see our contact information on the back, if you need to arrange an adjustment with your CDT.

## Your new Dentures

It is time to start life with your new dentures!

During the first few days of wearing your dentures, you are likely to feel some discomfort. This is to be expected. You will need to give your gums and your entire mouth the chance to get used to them. Taking them out can lengthen the process as your mouth adjusts to your new teeth, so try to wear them as much as you can.

If any sore spots appear, rinse with salt and water to calm down the areas. If they are really painful remove the dentures, until the swelling goes down.

We recommend you book in for an adjustment if your gums do not settle. (Adjustments are included in the cost of your new denture, however you must pre book your appointment).

Please ensure you remove your dentures at night and keep them moist when you're not wearing them.

Your new dentures are guaranteed for 1 year. (Temporary dentures are guaranteed for 6 months). In addition to this, you will receive a loyalty discount on all future treatments you have at our clinics.

If you have any questions do not hesitate to get in touch, our friendly reception team will be happy to help.



### Cleaning your Dentures

Your CDT's recommend you clean your dentures twice a day. In the case of acrylic and chrome dentures, we suggest using dentu cream with a denture toothbrush. (Please ask at reception if you require a denture toothbrush).

If using steradent please follow the manufacturers instructions. It is no longer designed as an overnight soak.

When cleaning your dentures over a sink, always fill up the basin with water incase you drop the dentures in the sink.

In the case of flexible dentures, we recommend a specialist flexible denture cleaner like TCS (available at the clinic) or FDC (available online).

Toothpaste is too abrasive to be used on any type of denture.

The Denture Clinic offers a cleaning service. This costs £20 per denture, and usually takes around 1 hour. Please call the clinic to arrange a drop off and collection time to use this service.

### Additional Notes for the patient

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